

2 “Falls”

“Falls” are one of the most common reasons for injuries in Atsugi of all age groups.

Elderly Injury Cases in Atsugi

- An elderly man fell off the roof and bruised his lower back.
- An elderly man fractured his legs from falling down the stairs.

Adult Injury Cases in Atsugi

- A woman fell from a horse and got head injury.
- After drinking a plenty of alcoholic beverages, a man fell down the external stair case injuring his head.

Children and Infant etc. Injury Cases in Atsugi

- An infant fell from a bed and injured his face.
- An infant fell from a buckle carrier and injured her forehead.
- A girl fell from a jungle gym and injured her head.

Preventive Measures for Falls

▪ Attach handrails and non-slip grips to stairs

Use of handrails when using stairs prevent unexpected falls.

Do not go up or down the stairs with both arms occupied with bunch of luggage.

▪ Try not to get on things that are out of balance

Do not stand on such a thing like chairs as it may easily lose your balance and cause in unexpected falls.

▪ Keep children away from objects that are climbable and keep eyes on your children

Pay close attention to children's behavior as their range of activities expand as they grow up.

★Keep in mind that little bit of attention deficit may occur in serious injuries due to falls.